



The Marine  
Mammal Center<sup>®</sup>

## News Release

**FOR IMMEDIATE RELEASE:**

April 7, 2011

**Contact:** Jim Oswald (415) 289-7341, [oswaldj@tmmc.org](mailto:oswaldj@tmmc.org)  
Cheryl Reiss (415) 289-7367, [reissc@tmmc.org](mailto:reissc@tmmc.org)

---

### **GOOD HEALTH FOR ALL SEALS, HUMANS, AND THE EARTH!**

*The Marine Mammal Center celebrates the month of April with all things healthy  
by hosting Kaiser Community Wellness Health Fair and Earth Day events*

**(SAUSALITO, Calif.)** – Bay Area residents looking for ways to do good for the ocean environment, its inhabitants, and live healthier, should attend two upcoming events at The Marine Mammal Center's Sausalito headquarters as part of a month-long celebration of all things healthy for mammals and the earth! For more than 36 years, the Center has strived to educate the public through the study of marine mammal and ocean health and how the two are intrinsically connected to human health. The Center plans on holding similar events throughout the year that support its mission of expanding knowledge about marine mammals - their health, and that of the ocean environment - to inspire their global conservation.

#### **Community Wellness Fair with Kaiser Permanente and PG&E – April 14, 2011**

On Thursday, April 14, the Center will host a free Community Wellness Fair on site in partnership with Kaiser Permanente and PG&E. During the event which takes place between 2 p.m. and 6 p.m. at the Center's Sausalito headquarters in the Marin Headlands, visitors will be able to have cholesterol and diabetes screenings; have their blood pressure checked; speak with health coaches; take part in stretching exercise classes; and even get a relaxing chair massage! Participants will also be treated to presentations by the Center on how human health is directly connected to marine mammal health. Learn more at:

<http://bit.ly/dPb16I>

#### **Earth Day Open House Celebration – April 17, 2011**

On Sunday, April 17, visitors can kick off their Earth Day activities with a visit to the Center for a day of exploration and learning about how we all can make a difference in conserving the earth and its resources. Three docent-led tour programs and two special classroom programs will be offered that day between 10 a.m. and 5 p.m. that are designed to inspire participants about marine mammals, the work of the Center, and ways they can help in conserving the ocean environment. Kids will be able to get a "passport" stamped at a variety of stations throughout the facility as they learn about marine mammals and the effects ocean trash have on them and the environment. Nearly 13% of the 998 marine mammals the Center rescued in 2010, suffered from some form of human interaction such as entanglement in ocean trash, gun shots, or harassment. Earth Day activities will be held throughout the Marin Headlands as well during the weekend. Learn more about the Center's Earth Day Open House at: <http://bit.ly/gjFnea>

**-MORE-**

**About The Marine Mammal Center:**

The Marine Mammal Center is a nonprofit veterinary hospital, research and educational center dedicated to the rescue and rehabilitation of ill and injured marine mammals - primarily elephant seals, harbor seals and California sea lions - and to the study of their health. Since 1975, the Center has been headquartered in the Marin Headlands, within the Golden Gate National Parks and has rescued and treated more than 16,000 marine mammals. The Center's newly rebuilt headquarters in Sausalito gives visitors the unique opportunity to learn about marine mammals through viewing areas and educational exhibits. The hospital is open to the public daily 10 A.M.-5 P.M. except for Thanksgiving, Christmas and New Year's Day. For more information and to sign up for the Center's eNewsletter, go to: [www.MarineMammalCenter.org](http://www.MarineMammalCenter.org)

###