



The Marine  
Mammal Center

## News Release

FOR IMMEDIATE RELEASE:

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### **RUN OR WALK TO HELP THE SEALS DURING THE MARINE MAMMAL CENTER'S 26<sup>TH</sup> RUN FOR THE SEALS EVENT**

(SAUSALITO, Calif. – February 26, 2010) - **The Marine Mammal Center** invites you to Run for the Seals (RFTS), Saturday, March 13, 2010 at Rodeo Beach in the Golden Gate National Recreation Area, Sausalito. The Center, which rescues and rehabilitates ill, injured, or orphaned marine mammals, is celebrating its 26<sup>th</sup> anniversary of this popular, Bay Area event. The self-timed, four-mile fun run will wind through the beautiful ocean-view hillsides of Rodeo Beach in the Marin Headlands. This year, there will be an optional two-mile route for those who like to take a leisurely pace. The event is open to all ages and is perfect for runners (casual and pro), hikers, walkers, baby-joggers, dogs on leash, and even groups wishing to form teams. Participants who arrive in their best ocean-themed costume will have a chance to win a prize as well.

After the event, all participants are invited to attend a Fun Day which takes place at The Marine Mammal Center's newly rebuilt facilities in the Marin Headlands. During Fun Day, between 10 a.m. – 5 p.m., guests will enjoy food, drinks and tours, and learn about the important work of the Center. Run for the Seals is one of the Center's biggest fundraising events and all proceeds benefits its work. Medals will be awarded to the first three adults and children across the four-mile finish line, and prizes will be awarded to the highest adult, child and team fundraisers.

**Online registration is available at [www.RunfortheSeals.org](http://www.RunfortheSeals.org) through March 10.** Race day registration and check-in on March 13 begins at 7:30 a.m. All participants and spectators should arrive at Rodeo Beach by 8:30 a.m., before Bunker road closes. It will re-open at 11:30 a.m. The four-mile race starts at **9:30 a.m.**, followed by the two-mile route, and the awards presentation is scheduled between 10:30-11:30 a.m. Activities prior to the event begin around 8:00 a.m. as KFOG radio's Peter Finch hosts the event and spin tunes straight from the KFOG radio archives.

#### **About The Marine Mammal Center:**

The Marine Mammal Center is a nonprofit veterinary hospital, research and educational center dedicated to the rescue and rehabilitation of ill and injured marine mammals - primarily elephant seals, harbor seals and California sea lions - and to the study of their health. Since 1975, the Center has been headquartered in the Marin Headlands, within the Golden Gate National Parks and has rescued and treated more than 15,000 marine mammals. The Center's newly rebuilt headquarters in Sausalito gives visitors the unique opportunity to learn about marine mammals through viewing areas and educational exhibits. The hospital is open to the public daily 10 A.M.-5 P.M. except for Thanksgiving, Christmas and New Year's Day. For more information and to sign up for the Center's eNewsletter, go to: [www.MarineMammalCenter.org](http://www.MarineMammalCenter.org)

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