



The Marine
Mammal Center®

The Marine Mammal Center advances ocean health through
marine mammal rescue and rehabilitation, research, and education.

Stewardship Saturday: A Walk Through the Marshes with Cafe Ohlone

Thank you for joining us at February's Stewardship Saturday event in collaboration with The Marine Mammal Center, Cafe Ohlone, and Coyote Hills.

The Marine Mammal Center uses the ["What, So What, Now What" framework](#) to link its efforts to broader issues of ocean health and climate change. We've applied this framework to reflect on and highlight key takeaways from our recent event.

What?

What can you do to conserve local ecosystems and traditions, and how can you learn more about Ohlone culture at this event?

So What?

In partnership with Cafe Ohlone, we learned that the Ohlone people have and continue to live sustainably with the land, utilizing natural materials such as tule and shoreline plants, and relying on acorns, oysters, and pickleweed as food sources. As we address climate change and environmental challenges today, it's crucial to reflect on how we can work toward a more sustainable future, improving the health of humans, animals, and the planet alike.

Now What?

You can become a steward of Ohlone culture by sharing what you learned during the event, amplifying Ohlone voices in discussions, staying engaged with the environment and local communities, and making more sustainable choices in how you eat and live.

During this event, the following next-step ideas were shared, and we've provided resources to help you explore these topics in more depth.

Coyote Hills	Cafe Ohlone	The Marine Mammal Center
Volunteer at East Bay Regional Parks through Teen Programs and Earth Day Events	Talk about the Ohlone in the present, not the past	Volunteer at The Marine Mammal Center
Jobs at East Bay Regional Parks , view "Seasonal Jobs" (Interpretive Student Aide, Gate Attendant/Student Laborer)	Learn More about fostering understanding of and respect for Ohlone people and culture Ohlone Exhibits to Come – learn about new museum experiences centered around Indigenous perspectives and culture.	What's Your Carbon Footprint Learn and Cook Sustainable Seafood Recipes

To learn more about the Center's work and explore further opportunities to get involved, check out our [website](#).

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