

I'M AN OCEAN HERO

PROTECTING OUR OCEAN STARTS WITH YOU!

Increased amounts of trash, particularly plastics and fishing gear, are being found in our ocean, creating a threat of entanglement or ingestion for marine animals. In fact, microplastics have been found in the bodies of both marine animals and people.

3 WAYS YOU CAN TACKLE OCEAN TRASH

- Conduct a plastic audit at home or work to see what plastics you can avoid or swap for reusable alternatives. In fact, alternatives for many common plastics can be found in our Gift Store.
- Find a beach, waterway or park near you and pick up any trash you see.
- Encourage your favorite businesses to reduce their use of plastic.

Looking for more?



Scan this code or visit

MarineMammalCenter.org/trash

for more on tackling ocean trash together.

THE MARINE MAMMAL CENTER IS TAKING ACTION TOO.

Our specially trained teams respond to and rescue marine mammals, like sea lions and whales, that are entangled in trash or fishing gear, or are exhibiting signs of having ingested it.

